



BBQ Meatballs

Recipe and photo from biggreenegg.com.



Ingredients:

- 1 pound ground beef (80/20 recommended)
- 1 egg
- 1/2 onion, diced
- 1/4 tsp salt
- 1/4 tsp ground pepper
- 1/4 tsp crushed red pepper flakes
- 2 minced garlic cloves
- 1/2 cup breadcrumbs
- 12 ounces (1 bottle) of your favorite Barbecue Sauce

Directions:

With your hands, mix all ingredients except the barbecue sauce in a bowl. Form into balls, approximately 1.5" in diameter.

Set EGG for direct cooking at 350°F/177°C. Brown meatballs in the Dutch oven.

Once brown, pour barbecue sauce over meatballs and allow to simmer for approximately 20 minutes.

Makes 2 dozen meatballs.

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